

staple_foods in Portuguese

Word	Translation
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Rice	Arroz
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Bread	Pão
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Pasta	Massa
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Potatoes	Batatas
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Beans	Feijão
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Lentils	Lentilhas
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Oats	Aveia
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Flour	Farinha
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Cornmeal	Fubá
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Noodles	Macarrão
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Couscous	Cuscuz
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Quinoa	Quinoa
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Barley

Cevada

Tortillas

Tortillas

Cereal

Cereal

Sugar

Açúcar

Salt

Sal

Cooking oil

Óleo de cozinha

Eggs

Ovos

Milk

Leite