

emotions in Cantonese

Word	Translation	Transliteration
Anger	生氣	saang hei
Anxiety	焦慮	jiu leoi
Confidence	自信	zi seon
Contentment	滿足	mun zuk
Curiosity	好奇	hou kei
Disgust	厭惡	jim ngok
Envy	嫉妒	zit zeoi
Excitement	興奮	hing fan
Fear	恐懼	hung keoi
Frustration	挫折	co ceot
Guilt	內疚	noi gau
Hope	希望	hei mong

Jealousy	妒忌	dou gei
Joy	喜悅	hei yuet
Love	愛	oi
Pride	自豪	zi hou
Relief	寬慰	fun wai
Sadness	悲傷	bei soeng
Shame	羞恥	jau ci
Surprise	驚訝	geng ngaai .