

staple_foods in Afrikaans

Word	Translation
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Rice	Rys
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Bread	Brood
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Pasta	Pasta
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Potatoes	Aartappels
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Beans	Bone
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Lentils	Linzele
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Oats	Hawer
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Flour	Meel
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Cornmeal	Mieliepap
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Noodles	Noedels
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Couscous	Couscous
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Quinoa	Quinoa
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Barley

Gars

Tortillas

Tortillas

Cereal

Ontbytdgraan

Sugar

Suiker

Salt

Sout

Cooking oil

Kookolie

Eggs

Eiers

Milk

Melk